



COACH TO  
COMMUNICATE

# Guidelines for Engaging in Extinction

- 1 **Withhold** reward (the desired item/activity) after undesired behavior occurs.
  - Set up multiple opportunities in which the behavior could occur to practice withholding the reward.
  - The more times reinforcement is withheld, the quicker the student will learn that the behavior will no longer receive reward for engaging in the undesired behavior.